



CHAR-LAN SKATING CLUB ETIQUETTE & RULES

For all skaters participating in Char-Lan Skating Club programs, both on and off the ice, the following rules are to be observed and obeyed at **ALL** times.

- Kicking of the ice, foul language and inappropriate behaviour will not be tolerated on the ice or in the dressing rooms. Skaters will be given one warning and then be asked to leave the training session for the remainder of the day.
- Please be at the rink on time and ready to begin each session promptly.
- If you are unable to attend your scheduled session, please contact your base coach as soon as possible to notify them of your absence.
- Proper athletic skating attire is required (no jeans); hair must be neatly tied up.
- The rink can get very cold during the winter, so please dress in layers.
- No food, drink or gum should be taken on the ice with the exception of water bottles.
- Skaters are asked to clear the ice promptly at the end of the session. The Zamboni is not permitted to start resurfacing the ice until all skaters are off.
- Be alert for other skaters at all times.
- Jumps should be practiced at the ends of the rink, and spins should be practiced in the centre.
- Standing at the boards is not permitted. Should you need to rest, go to the dressing room.
- The ice surface is not a place for chatting with friends. While on the ice, skaters should be engaged in activity the whole time.
- Should you need to leave the ice at any point during the session, please let your coach know that you are leaving.
- If skaters need to speak to their parents in the stands, they need to get off the ice to do so. If a skater is speaking to their parent in the stands, they are not focused on the activity on the ice.
- When your name is called for your music, raise your hand. This helps the music player find you, as well as permitting other skaters to recognize you as the soloist.
- In the playing of free and dance music, priority will be given to skaters in lesson.

Priority of the right of way will be as follows:

a) skater in a lesson with music b) skater in a lesson c) skater with music.

Group lessons: Skaters in a group lesson do not have the right of way vs. the skaters who is in a private lesson.

- Solos will be played after a 5 minute warm up
- Solo CDs must be labeled to show skaters name.
- Char-Lan Skating Club will keep the CDs if the skater so wishes; however the Club cannot accept responsibility for loss or damage.
- Do not leave any valuables in the dressing rooms
- Please keep dressing rooms clean and tidy.

