

The Char-Lan Skating Club is following the Return to Play protocols set out by Skate Canada and Skate Ontario. These policies include daily health questionnaires for skaters and coaches, sanitization of all of our teaching aids, social distancing protocols within our facility and on the ice and detailed participant tracking.

### **Completion of Skate Ontario COVID-19 Waiver**

All individuals participating in Char-Lan Skating Club programming must complete the Skate Ontario Acknowledgment, Release, Indemnity and Assumption of Risk regarding COVID-19 (“COVID-19 Waiver”). Failure to do so means that individual must not participate in club/skating school activities.

Any individual participating in club activities is required to complete a COVID-19 Waiver, or have a signed COVID-19 Waiver on-file with Skate Ontario:

- Skaters
- Coaches
- Staff
- Board Members
- Volunteers
- Officials

### **If an individual becomes unwell with symptoms of COVID-19**

- If an individual becomes unwell with symptoms of COVID-19, or if someone is aware of an individual that becomes unwell with symptoms of COVID-19, that individual must immediately stop participation in club activities
- The individual should be isolated from all others in a well-ventilated area, or outside and provided with a non-medical face mask if one is available
- The individual shall be sent home and instructed to follow public health guidelines regarding self-isolation and testing
- The facility should be informed in order to determine if any areas need to be closed off and/or require additional cleaning/disinfecting
- A member of the COVID-19 Oversight Group should be informed of the situation and should contact the individual or their parent/guardian to determine if next steps are being taken regarding testing.

### **If an individual is tested for COVID-19**

- Any individual that is part of the Char-Lan Skating Club that has been tested for COVID-19 must not participate in club while waiting for the results of the test
- If a member of an individual’s household is being tested for COVID-19, that member may not participate in club programming until negative results are obtained
- The Char-Lan Skating Club will consult the Session Participation tracking sheets to

inform other club members who might have been in close contact with the individual

- Any club members who were in close contact with the individual should not participate in club activities and should follow public health guidelines until the diagnosis of COVID-19 is ruled out by health professionals.

### **If an individual tests positive for COVID-19**

- If an individual tests positive for COVID-19, they should inform a member of the Char-Lan Skating Club's COVID-19 Oversight Group;
- The COVID-19 Oversight Group will work where requested with the facility and public health officials to assist in contact tracing. The Session Participation tracking sheets may be used to assist public health officials in informing other club members who may have been in close contact with the individual
- Any club members who were in close contact with the individual should not participate in club activities for 14 days and should follow public health guidelines regarding self-isolation and testing
- It is recommended to also inform all club members of a positive COVID-19 result within the club setting
- The club should inform and work with the facility in the case of a positive COVID-19 result and determine if any additional cleaning/disinfecting should be performed as per the facility's guidelines
- The club will inform Skate Ontario of a positive COVID-19 diagnosis by e-mailing [clubsupportservices@skateontario.org](mailto:clubsupportservices@skateontario.org).

### **Return to club/skating activities following illness**

- If no test was performed, or the COVID-19 test was negative, the individual may only return to club activities once they no longer have any symptoms of COVID-19.

### **Return to club/skating activities following COVID-19**

- Following a positive COVID-19 test, an individual must follow all public health guidelines regarding return to activities.

### **Public Health Guidelines**

Club members should follow all public health guidelines regarding COVID-19.

These may include:

- Any club members who themselves have travelled outside of Canada, or has someone in their household who has travelled outside Canada must self-isolate and not participate in club activities for 14 days
- Any individual who has been exposed to someone with a confirmed case of COVID-19 should self-isolate and is not permitted to participate in club activities for 14 days

- Any individual with symptoms of COVID-19 is not permitted to take part in club activities
- Any individual who has someone in their household showing symptoms of COVID-19, should not participate in club activities.