



CHAR-LAN SKATING CLUB / CODE OF CONDUCT

Char-Lan Skating Club is committed to ensuring that all skaters have the opportunity to participate in a safe and welcoming environment that is encouraging and promotes their overall development. All members of Char-Lan Skating Club are expected to conduct themselves in a manner consistent with the values of the club, which includes fair play, integrity, open communication and mutual respect.

The following Code of Conduct shall apply to all members, including but not limited to skaters, parents (including guardians), coaches and executive of Char-Lan Skating Club and shall abide by this code at all times while participating in any Char-Lan Skating Club program, competition or activity.

- Model positive and responsible behaviour and communication with all members. Parents will assume the major responsibility for their son/daughter's on and off ice conduct and attitude.
- Shall at all times treat all individuals and property with dignity, courtesy and respect, including but not limited to skaters, coaches, officials, volunteers, other parents, and all other individuals that are part of the club.
- Shall refrain from any behavior or comments which are profane, insulting, harassing, sexist, racist, abusive, disrespectful or otherwise offensive without hostility or violence.
- Shall emphasize the importance of values like sportsmanship, respect, cooperation, competition and teamwork and offer praise for competing fairly, participation and skill development.
- Shall always avoid comparisons with other skaters.
- Shall celebrate the acquisition of skills and goals achieved by all skaters.
- Parents, along with the professional coach and the athlete, shall be considered members of a team whose main concern is the child's overall progress and development. Parents shall respect that the professional coach is responsible and empowered for the on-ice and off-ice development of the athlete. A parent's role shall be to take a healthy interest in their child's progress and development and be responsible for the child's nutrition, rest, adherence to off-ice training regimen set by the coach or other fitness professional, overall health, life-balance, and moral and emotional support.
- Shall ensure skaters wear proper skating clothing and equipment.
- Shall avoid any conduct, which brings the club into disgrace, including but not limited to abusive use of alcohol, non-medical use of drugs and gambling.
- Shall openly support and uphold this code of conduct policy and take action and steps to ensure others follow and uphold this code of conduct policy.

- Shall adhere to the policies, procedures, rules, standards, and ethics of Char-Lan Skating Club at all times.